

COVID-19 (Coronavirus Disease 2019) & School Safety

Frequently Asked Questions

Q: What are the symptoms of COVID-19?

- Fever
- Cough
- Shortness of breath

Q: What if I have symptoms or have been exposed to COVID-19?

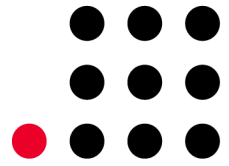
If you suspect you are infected or have symptoms, call your provider's office or go to mysanfordchart.org for an evisit first. Be ready to report your symptoms, recent travels and possible exposures. Your provider will then screen you and give you further instruction on appropriate next steps.

Q: How does COVID-19 spread?

The virus is spread from person to person through close contact and respiratory droplets that are produced when an infected person coughs or sneezes. It may be possible to get COVID-19 through contact with a contaminated surface or object; however, this is not the main way the virus spreads.

Q: How can we prevent COVID-19 from spreading?

- Avoid close contact with people who are sick.
- Practice good respiratory and hand hygiene:
 - Cover your cough and sneezes.
 - Wash your hands often (for at least 20 seconds) and use an alcohol-based hand sanitizer.
 - Avoid touching your eyes, nose and mouth.
 - Stay home when you are sick
 - Clean and disinfect frequently touched objects and surfaces using a regular household clearing spray or wipe.



- Follow CDC's recommendations for using a facemask:
 - People with a COVID-19 infection must wear a mask to minimize the spread of the virus.
 - Health care workers taking care of individuals with the virus need masks to protect themselves.
 - The CDC does not recommend people who are well wear a facemask to protect themselves from respiratory illnesses, including COVID-19.

Q: How is COVID-19 treated?

Treatment for COVID-19 is supportive care (treating the symptoms). There are no antiviral or vaccine options at this time.

Q: Should I send my child to school if someone at home is infected with COVID-19?

No. It is recommended that you keep your child home to prevent potential spread of the virus. If your child is sick, keep them at home and contact your healthcare provider. Talk with teachers about classroom assignments and activities they can do from home to keep up with their schoolwork.

Q: How safe is my child at school from COVID-19?

School is a safe place. We know where the children are and who they are in contact with. Taking students out of school increases social mixing, especially among older students, which could lead to spreading the virus.

Q: What should I do if my child has classmates who are infected with COVID-19?

If your child's classmate has COVID-19, school officials will immediately notify local health officials and additional steps will be taken.